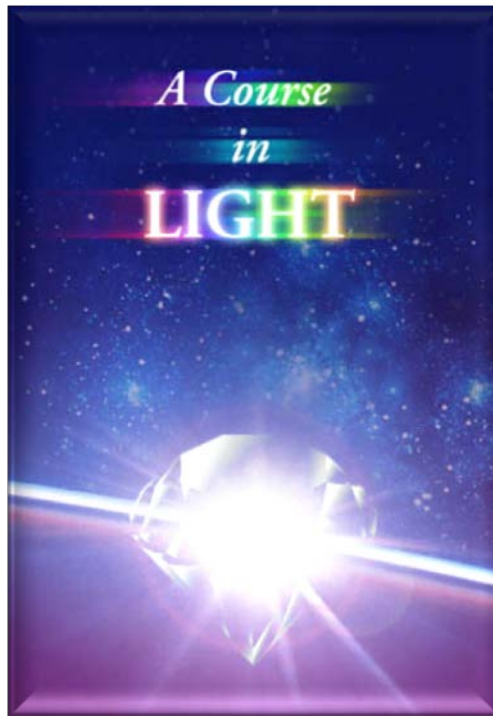


A COURSE IN LIGHT NEWSLETTER

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FROM THE HEART OF TONI



The top of the Morning to you

St Patrick's Day

I know about the wearing of the green, it is one of favorite colors. I love St Patrick's Day. As a young girl I would constantly get stopped by strangers who would ask me if I was Irish, as my long bouncing curls would glisten in the sunlight. Of course I would say, No I actually am Dutch. But it was fun to pretend that I was Irish on St Patrick's Day and I even had the joy of singing, My Irish Eyes Are Smiling at a High School Event. But that was ages ago when I actually had a voice. Now my voice is gone, but it is replaced by the most wonderful ways to use it and that is by channeling the messages that are so inspirational and helpful for all who are able to receive them.

The news has touched each of us in a very deep and personal way. We can't help but feel the confusion and fear that comes when your world is swept away. Yet I believe these people in Japan are a lesson for us all, as we watch them carry on with a quiet dignity and peace. The messages from the guides have been so awesome and they are sent out to our many students and friends in Taiwan, China and here in the states. So I encourage everyone to focus on the idea that the light is covering and overshadowing each and everyone who is going through this experience. Not only is Japan catching our attention, but Egypt, Libya and all the places that are in their shift in consciousness. That is how I see it! A shift in consciousness is taking place and the old conditions are waning away.

Dawn Spangenberg.



My name is Dawn Ann Spangenberg, I am a holistic interior designer and Feng Shui practitioner, Reiki Practitioner and teacher of *A COURSE IN LIGHT*.

My story is one that is amazing:

I do not know why I had such incredible fear after being diagnosis with cancer in 2006. Maybe it is because I went through breast cancer 20 years ago. I walked out of the doctor's office and did not go back and I was never treated for cancer at that time. However, later in 2008 I was teaching at the Santa Sophia Seminary when I was struck with an incredible pain in my back. This came just after I had said 'God *please I just want my life back.*' I was in depression but did not know it. I left the Seminary and went back home to Wisconsin. Next I found myself in the hospital with two abscesses on my spine. These were extremely painful. I was given anti-biotics and returned home to heal.

The neurologist said I would need surgery. It was during this time that I had a reading from Toni. Azreal came through and I know something took place, because I would ask master Azreal to help me heal my back. I was three days away from surgery. I NEVER HAD THE SURGERY. I healed with no pain, which is also amazing. **I know Azreal did this!**

When I went back to see the neurologist he said "I was three days away from surgery," I said "I want to thank you so much for what you did." He said "I didn't do anything." Throughout this journey of my healing, I had many readings. Toni **always knew how much to say. It was incredible.** Because even after this amazing healing I still had fearful and sorrowful feelings and was not able to move from them, However Toni's discernment kept me moving forward. I always felt her incredible love.

My story does not end here. After my back experience the cancer showed its face again. At least that was what I was being told. My breast had scars that were still causing trouble from breast cancer of 20 years ago. In the mean time I kept in close contact with several of my close friends of ACIL especially Lynn Weber who is a very wise, loving teacher of *A COURSE IN LIGHT* who also receives messages from the masters. She said to me, "what we resist persists" that got my attention. Another day I called Toni but she was gone and Karen her assistant advised that I should go see the doctor about this Breast pain and scars.

I called the doctor in November 2008. What happen next, I went thru test after test constantly fearing I had cancer again. During this time the doctors kept giving me the prognosis that I was full of cancer. This went on for five years. Yet there were no tests that showed I did have cancer. Toni would say over and over again, I just don't feel or think that you have cancer. Much of my fear I attribute to my sorrow and pain over my daughter who has dropped out of my life and I do not know where she is. I have had a broken heart over this.

Recently I was advised, intuitively guided and agreed to have a hysterectomy due to a large growth which could have been related to the fact that I did not get over grieving my **lovely daughter's** decision to take a nine year time out in our relationship. I was guided to a gynecologist/oncologist surgeon in Green Bay, WI, who said I needed this surgery which could be a 1-4 hours ordeal but turned out to be only 45

minutes. It was explained that perceptually or psychically handed over the mass of hurt, pain and anger to the doctor.

I have learned staying positive is not the only answer. Clearly now, I know what my friend, Lynn Weber said, the first step in healing is accepting "what is-is." This is the hardest thing for me to learn. I worked with the 4 Step healing process. Understanding anger is good and healing, I learned how to have anger appropriately for it is a process.

Today, **I know I do not have breast cancer.** My body is clearing the dense dead tissue in my body. (Issues in the tissues) and the Mint green energy is my friend. So, my long intense journey is the most beautiful experience. It is MY Gift—It is love. I can now go to that loving place so generously given to me.

It is time to share my story; I thank everyone for taking the time to read it. As I am writing this a *morning dove* just came to sit in the sun light on my deck, the back ground is a sunny snow covered yard and now a chickadee joined in. Oh, spirit is always guiding us and I am paying attention. Love, Dawn

Pat Cough Subject: Poem

*Tonight after listening to Andrew on the recording for the orange ray,
I thought of Maria's (and often my) question of why we need guides,
ascended beings, angels - if God is right inside of us - so I
wrote in my journal asking that question; and this is what came:*

I come to give you greater thoughts
Than you would think of on your own
I come to give you messages
That perhaps you have outgrown

And if I'm God or Andrew
As you clearly ask of me
Doesn't really matter
In order that you see

And wake up to your feelings
And see this as a dream
And understand the actors
Are not who they might seem

I come repeating lessons
And colors of the Light
I come with all these messages
Until you get it right

For this is not a lesson
That I teach you in a day
This is a great journey
As you release along the way

Your fears, your guilt, your anger
That you have carried forth

Even though they're heavy
& have long outlived their course

I've come to take your burdens
That you drew upon the glass
& to show you it's a mirror
For you to see at last

I've come to say I love you
And just to help you see
That if you let go fully
And come inside of Me

Together we will all be One
If you could just release
Everything inside your mind
The World will be in Peace

That's why I come!

What happens when the lights go out?

By Daniel Stephens

During our Sunday matinee of *Funny Girl* we experienced a power outage mid way through the first act. We took our intermission at this time and prepared to go on by opening some doors, collecting all the flashlights, and moving a piano onstage. We had no stage lights, sound, microphones, electric keyboards etc.; the band switched to acoustical instruments, some of the actors carried flashlights, crew shone flashlights onto the stage and in the aisles, individual cell phones came out to light up dressing rooms and back stage. We continued to perform and the audience loved sharing in this unusual experience. So, what does this have to do with the light or the disasters occurring across the world? No one died during our performance, no property was lost or destroyed, the theater didn't lurch thirteen feet across the street to a new location. The worst that could have happened was everybody would have gone home, the theater would have lost some revenue, the patrons an afternoon. But it's how we meet our experiences no matter how large or small that makes the difference.

We can sometimes feel disconnected from our source of light and power especially when adversity comes into our lives. Darkness of fears and heavy thoughts surround us. But we can dispel these by switching on our inner light like the cell phones and flashlights used in our performance and remember the greater source of power and light still sustains us. By switching on our inner light we begin to search for and focus on the solution for what can be done rather than the negative and what can't be done or what continuing disasters might occur. By giving ourselves hope we gave our audience hope and we both benefitted with a greater experience. Performers and audience alike will talk about this for a great while as a special afternoon. By switching on our individual lights we can meet our individual crises; by sharing our individual lights we can combine and meet global crises.

Light and Love, Daniel Stephens



Message from Jove

Follow me to the river and accept you are responding to the lesson of harmony through the use or the right action of your intentions and desires. Come and sit at the river and watch it flow. It symbolizes you. It symbolizes how life's lessons flow through you. It symbolizes the experience of the constant energy that constantly moves through all the changes that are in the path of the light. Think of the river as a consciousness in which it is an expression of its Creator that it is the reflection of what the Creator put into motion for the purpose that this river serves.

You as a consciousness have a purpose and your purpose is to become free from the illusions that cause you to lose your sense of joy, your joyful spirit, your key of happiness. If you experience now, that you are in peace within yourself and you are in gratitude for the experience of your life and that you are experiencing a sense of peace with your total being and that you love your body, you love who you exist as, you love who your part is in the role of who you are in life, than you are seeing each one as a partner in your path to enlightenment. The path towards enlightenment brings you through adventures and changes and growth and purpose and development and service. You are all of these things and you are in great understanding that the choice of this life was meant to free you from all the conditions that brought sadness and pain from the past.

Let the sunshine on you and let the light flow through you and be at peace. And from this center of your place in this moment of time, you look outwardly to the world you are a part of. From this center of calmness and this place of peace, you wish to see that your thought and heart and being is connecting to others like you., to receive what you need to know in helping others in their needs right now.

So you are aware of the Oriental World in which chaos has taken place and the people of this land and culture struggle with existence, survival and the challenges that it brings. We ask you to see yourself as a community of beings, as through you are one of many, many, many who are all together in consciousness and seeing they are becoming a true raining of light upon the land where they live. What is in chaos and broken and in entanglement and powerlessness, perceive the power of Mind, Thought, Spirit, the power of Light is magnified and it creates a place in space that is energized by the vibrations of consciousness.

You are setting into motion a great pyramid of light. A Pyramid that encompasses all that is in need of repair and each and every individual that is in this experience is being touched with the light of Love, with the nurturing of Spirit, with the comfort of Hope and with the will to overcome all struggle. Perceive that unity and service and connections are fulfilled through the heart and the mind to know they will overcome what appears as the impossible.

And for that which is concerning, the radiations that are spewing forth, receive it to in a vibration of light, in a pyramid of energy that is causing a shift in the vibration that is perceived in its worst state of reality. Think of millions and millions and millions of people from a spiritual point of being unified in mind and unified in heart with a consciousness of bringing through an energy flow that will heal what is in need by change.

We ask that through the Divine Intervention, through the Higher Consciousness of Love there will be release of what is in effect to bring into motion a new state of resolution and it is so.

Through all the lives in which mind has been the serving source of spirit in teaching, I have been perceived as one who can see something where nothing exists. I have been known as a master that helps one to see more clearly their abilities to live in balance within.

So now, perceive yourself free from your illusions, free from your frustrations, free from all your pain, free from all the uncertainty and simply be in the flow with what is manifesting in you and for all others in this shift and change in Earth's activity.

We ask that this pyramid and magnetic light be in a continuous effect and that many, many connect with it to help bring a shift in the effects taking place. Individually for you as I speak, just be inwardly still, calm and clear and filled with peace and knowing that your feet walk exactly what they are meant to do and the path you walk is right for you.

Sent by Antoinette Moltzan

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I welcome your contributions, comments, information you wish to share. Send me your articles, your stories, your messages from your guides. Let it go out for others to be inspired.

